



PATIENT INSTRUCTIONS

Please arrive 15 minutes before your scheduled appointment time to prepare for your exam.

Bring this form, your insurance cards and your driver's license. Please do not bring unattended children to your appointment.

MAMMOGRAM INSTRUCTIONS

Since you will be gowning, we recommend that you wear a blouse with slacks or skirt. Please avoid the use of powder and deodorant the day of your exam. Please do not schedule your appointment one week before or during your menstrual period. To avoid a delay in interpretation, please bring any prior mammograms to your appointment.

BONE DENSITOMETRY INSTRUCTIONS

Please wear loose fitting clothing with no metal zippers or belt buckles below the waist. Please do not take any calcium supplements the day before and the day of your exam. Please note that the weight requirement for this procedure cannot exceed 300 pounds.

Nashville-Area Services and Locations

Our Services:

- 3D Mammography™ with **SmartCurve™**
- Screening Mammography
- Diagnostic Mammography
- Breast Ultrasound
- Breast Biopsy (Ultrasound Guided or Stereotactic)
- Bone Densitometry



1 Solis Mammography, a department of TriStar StoneCrest Medical Center
537 StoneCrest Pkwy., 2nd Floor, Suite 202, Smyrna, TN 37167
Providing all services

2 Solis Mammography, a department of TriStar Skyline Medical Center
3443 Dickerson Pike, Suite 260, Nashville, TN 37207
Providing all services