

FAST Breast MRI

SUPPLEMENTAL SCREENING
FOR YOUR PEACE OF MIND

STATE-OF-THE-ART SCREENING FOR THE EARLY DETECTION OF BREAST CANCER



Procedure

A 5 to 8 minute MRI exam shown to be effective in detecting invasive breast cancer



Patient Profile

Women who are of average to intermediate risk for breast cancer who want the peace of mind that a supplemental study can provide



Effectiveness

In women of average risk, FAST Breast MRI detects an additional **15.2 to 15.5 breast cancers** in 1,000 women, on top of those already detected with 3D screening mammography



Your Breast Health Regimen

When combined with an annual screening mammogram, a FAST Breast MRI offers you a comprehensive approach to breast cancer screening

We offer FAST Breast MRI at the following centers:

4445 Willard Avenue, Suite 200, Chevy Chase, MD 20815 | 301-654-4242
3022 Williams Drive, Suite 104, Fairfax, VA 22031 | 703-698-8800
12505 Park Potomac Avenue, Suite 120, Potomac, MD 20854 | 240-223-4700
2141 K Street NW, Suite 100, Washington, DC 20037 | 202-223-9722

WASHINGTON
RADIOLOGY

Advancing medical imaging care for more than 70 years.

Please call the center directly to schedule | Physician's order required

FREQUENTLY ASKED QUESTIONS

What is a FAST Breast MRI?

FAST Breast MRI is a *supplemental* screening test for women of average to intermediate risk for developing breast cancer. It is an abbreviated version of a regular Breast MRI, which is used to screen women who are at high risk (such as women with the BRCA 1 and BRCA 2 breast cancer genes). Unlike a regular Breast MRI, which can take about 35 minutes, a FAST Breast MRI takes only 5-8 minutes in the scanner. Your total appointment time will take less than an hour.

Why should I consider getting a FAST Breast MRI?

If you are of average to intermediate risk for breast cancer*, a FAST Breast MRI will significantly improve our ability to find cancers not seen on a mammogram. A FAST Breast MRI screening is not intended to replace mammography. An annual mammogram remains the recommended standard of care for women over 40.

How can I calculate my personal risk?

*You can calculate your personal risk for developing breast cancer by following this link: <https://ibis.ikonopedia.com>

Note that high risk means having a greater than 20% lifetime risk of breast cancer.

Who should not have a FAST Breast MRI?

If you're at high risk for developing breast cancer, we recommend a regular Breast MRI screening.

How is the screening performed?

You will lie on your stomach with your arms outstretched, and you will receive an IV line for an injection of dye. We take the same precautions before this scan as we do for a regular MRI (such as making sure that you do not have any metal in your body or that you are not allergic to the contrast). The shorter scan time should make it easier to tolerate the position and the noise of the scan.

How much does it cost?

Insurance does not cover FAST Breast MRI. It has an out of pocket cost of \$495.00.

What are the follow-up recommendations?

The results of your FAST Breast MRI will be reported to your referring clinician within 2 to 3 business days.

For average or intermediate risk women, consider having a FAST Breast MRI supplemental screening every two years.

If there are abnormalities on your scan, you may need to have additional studies (mammography or ultrasound) or even a biopsy. These tests are covered by insurance.

Will I still need to have an annual mammogram?

Yes, FAST Breast MRI is a supplemental screening tool and is meant to support your annual mammography regimen.

How do I schedule a FAST Breast MRI exam?

Talk to your doctor about whether you need an additional screening test for breast cancer. If so, you will need an order from your provider prior to scheduling. You can make an appointment for a FAST Breast MRI by calling one of the Washington Radiology centers on the front of this flyer.

Please Note: We require you to have had a normal mammogram within one year of a FAST Breast MRI screening test.

